

## STORY OF THE LAND



**Griggs Preserve is a haven for wildlife thanks to its tremendous natural resources.**

Trails wind through beautiful forestland to a scenic vista overlooking the Sheepscot River. There, look right towards the reversing falls at Sheepscot Village and left to the railroad bridge in Wiscasset.

**In 1980, Margaret Dunham Griggs donated the land to Sheepscot Valley Conservation Association (now Midcoast Conservancy) and expressed a strong desire to see some direct public benefits come from the donation, especially the possibility of educational use of this land.**

The 56-mile Rockland Branch railway borders the property to the North. It was established by Maine Central Railroad in 1901 to carry passengers from Brunswick to Rockland. The line is currently owned by the Central Maine and Quebec Railway and is used for freight trains. Downriver to the south, the old "Iron Bridge" carried trains across the river from Moose Point, in Wiscasset, to Flying Point in Edgcomb; legend has it that Flying Point earned its name from the Native Americans who went there to hunt ducks and other migratory birds.

## WHAT YOU MIGHT SEE

The White Shad Run Trail loops through huge **white pines, stonewalls, rock outcrops, woodpecker hideouts**, and even a **porcupine den**. As you hop over the **babbling spring** and walk alongside the **railroad tracks**, keep an eye out for **deer, turkeys, raptors, porcupines** and **pileated woodpeckers**.

Along the Blue Heron Leg, a short loop off the main trail that continues along the river and overlooks a small **pond** teeming with wildlife, you might see and hear **songbirds** in the branches above.

The Red Salmon Loop goes around a **bog** and crosses a **natural spring** where ferns and mosses are abundant, and a carpet of **wildflowers** blooms in the spring.



## DURING YOUR VISIT

- Stay on trails
- Keep all cars in parking lot
- Carry out what you carry in
- Keep dogs under control; please clean up after your pets
- Open during daylight hours
- Wear blaze orange during hunting season
- No fires



## HOW TO GET THERE

From Wiscasset:

Take Rout 1 north. In 2 miles, turn left on Cochran Road. In 1.25 miles, turn left on Trails End Road. In 0.2 miles, park on the left.

From Damariscotta:

Take Route 1 south. In 5.6 miles, turn right onto Cochran Road. In 1.25 miles, turn left onto Trails End Road. In 0.2 miles, park on the left.

## GET INVOLVED

Support from members and volunteers makes this preserve possible.

### Join Today

**Unlimited use** of preserves without day use fees

**Discounts** on cabins, camp sites, events, classes and workshops

**Special events** for members

**Keep Midcoast Maine** a beautiful place for all

**Be a member** visit [www.midcoastconservancy.org](http://www.midcoastconservancy.org)

### Volunteer

You can help maintain trails and buildings, staff recreational events, lead guided walks, and more. You too can make a difference in your community!

**Midcoast Conservancy**  
207-389-5150  
[midcoastconservancy.org](http://midcoastconservancy.org)

# Griggs Preserve

Newcastle, Maine



Porcupine Den



Photo: Callie Wronker



**MIDCOAST  
CONSERVANCY**

**WE ARE ALL ON THE SAME TRAIL**

# Griggs Preserve

Trails that traverse mixed deciduous and coniferous forests along the tidal portion of the Sheepscot River with views across the railroad tracks to salt marshes.

**Total Acres:** 87

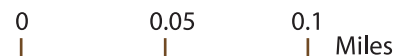
**Total Trail Length:** 1.4 miles

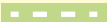







**MIDCOAST  
CONSERVANCY**



## Map Key



- |   |   |  |
|---|---|--|
| <p> <b>White Shad Run</b><br/>Trail Length: 1 Mile<br/>Difficulty: Easy<br/>Highlights: Hilltop Pines</p>               | <p> <b>Red Salmon Loop</b><br/>Trail Length: 1/8 Mile<br/>Difficulty: Moderate<br/>Highlights: Beautiful Bog</p>   | <p> <b>Midcoast Conservancy Property</b></p> <p> <b>50-foot contour line</b></p> |
| <p> <b>Blue Heron Leg</b><br/>Trail Length: 1/4 Mile<br/>Difficulty: Moderate<br/>Highlights: Sheepscot River Views</p> | <p> <b>Interpretive Trail</b><br/>Pamphlet available at the preserve kiosk and at <a href="http://www.midcoastconservancy.org">www.midcoastconservancy.org</a></p> |  |