

STORY OF THE LAND

The Whitten Hill, Bog Brook and Northern Headwaters preserves were created by the Sheepscot Wellspring Land Alliance (now Midcoast Conservancy) to protect more than 1,250 acres of contiguous habitat.

These properties conserve large areas of forever wild land - this prohibits timber cutting, development and most human manipulation of the land. Protecting some land as forever wild is crucial for long-term ecosystem health and biodiversity.

“It seems fitting that creatures of privilege, gifted beings, able to use language, to pass messages across geographies and generations, should speak and act on behalf of those who cannot.” – Janisse Ray, Author

Trails cross the forever wild preserves and privately owned lands; the generosity of private landowners makes this network possible. Please be respectful of the land to help us retain this privilege. A section of these trails is also a part of the Waldo County Trails Coalition's 46-mile Hills to Sea Trail, which links towns from Belfast to Unity. In addition, these trails connect to 11 miles of trail maintained by Georges River Land Trust.



WHAT YOU MIGHT SEE

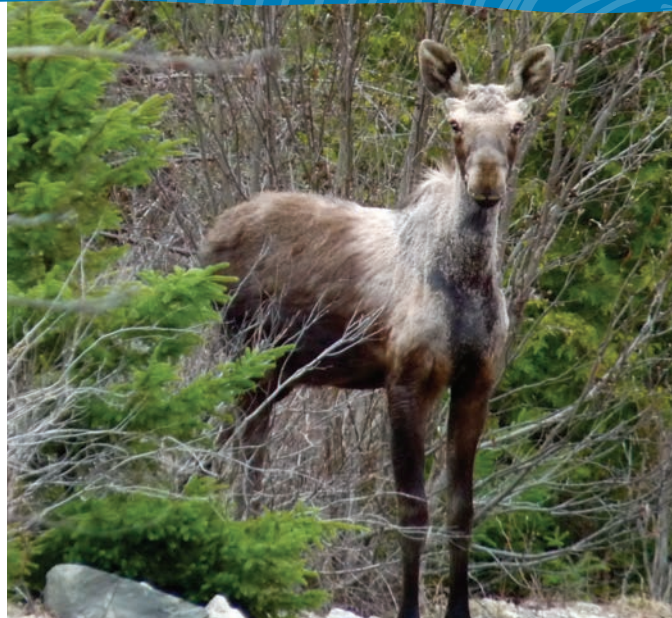


Photo: Shelagh Delphyne

The trails meander along pristine **headwaters streams**, pass **glacial erratics** and weave through **groves of mature trees** – some more than 200 years old. Panoramic views greet hikers at the tops of **Frye Mountain, Hogback Mountain, and Goose Ridge**. Signs of wildlife abound and the birding is excellent.

Along the Bog Brook Trail **beavers** are very active and **moose, deer** and other animals use the old logging roads that intersect the trail. The Goose Ridge Trail crosses two dams built in the early 1800s that powered a sawmill a quarter of a mile downstream. The Hemlock Hollow Trail crosses the uppermost section of the Sheepscot, which is excellent rearing habitat for **brook trout** and **Atlantic salmon**; if you look closely in the shallow pools you may see **wild Atlantic salmon fry** only a few inches long. Anglers can help endangered Atlantic salmon by practicing catch and release on the Sheepscot River and its tributaries.

Protected with assistance from Land for Maine's Future, Maine Natural Areas Resource Conservation Program, Sweet Water Trust, Trilobite Fund of Tides Foundation, John Sage Foundation, An Environmental Trust, Maine Community Foundation, Butler Conservation Fund, Davis Conservation Foundation, Fields Pond Foundation, and other private funders.

DURING YOUR VISIT

- Stay on trails (foot traffic only)
- Carry out what you carry in
- Keep dogs under control; please clean up after your pets
- Open during daylight hours
- Wear blaze orange during hunting season
- No fires or camping



HOW TO GET THERE

WHITTEN HILL TRAILHEAD PARKING LOT

- From Route 3 in Liberty:
 - Take Route 220 north. In 3.3 miles, turn left on Halldale Road. In 0.5 miles, take slight right to stay on Halldale Rd. In 1.1 miles, parking lot is on the left.
- From Route 137 in Freedom:
 - Take Route 220 south. In 1.8 miles, go straight onto Halldale Rd. In 3.6 miles, parking lot is on the right.

GET INVOLVED

Support from members and volunteers makes this preserve possible.

Join Today

- Unlimited use** of preserves without day use fees
- Discounts** on cabins, camp sites, events, classes and workshops
- Special events** for members
- Keep Midcoast Maine** a beautiful place for all
- Be a member** visit www.midcoastconservancy.org

Volunteer

You can help maintain trails and buildings, staff recreational events, lead guided walks, and more. You too can make a difference in your community!

Midcoast Conservancy
207-389-5150
midcoastconservancy.org

Sheepscot Headwaters Trail Network

Montville, Freedom, Knox, Liberty, ME



Photo: Shelagh Delphyne



MIDCOAST CONSERVANCY

WE ARE ALL ON THE SAME TRAIL

Sheepscot Headwaters Trail Network

Total Acres: Nearly 1,000
Total Trail Length: 19.2 miles



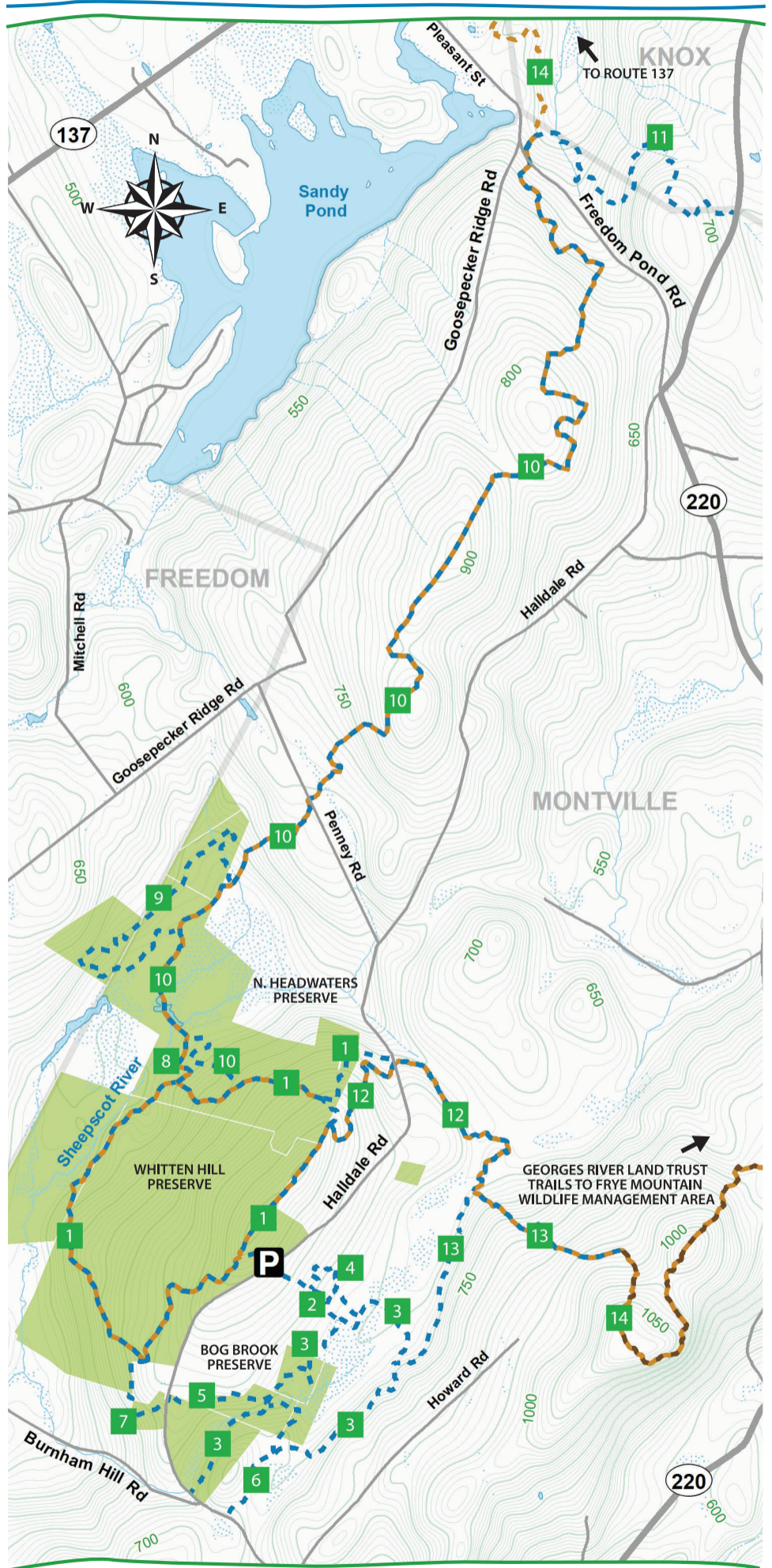
* No hunting, trapping or fishing in Bog Brook Preserve



**MIDCOAST
CONSERVANCY**

Map Key

- 1 N. Headwaters** - - - -
Length: 3.5 miles
Difficulty: Moderate
Highlight: Pristine headwaters
- 2 Whitten Hill** - - - -
Length: 0.5 miles
Difficulty: Easy
Highlight: Hemlock forest
- 3 Bog Brook** - - - -
Length: 2 miles
Difficulty: Moderate
Highlight: Marsh view and ancient hemlock stand
- 4 Eric Bruun** - - - -
Length: 0.4 miles
Difficulty: Easy
Highlight: Large white pines
- 5 Big Pines** - - - -
Length: 0.5 miles
Difficulty: Easy
Highlight: White pines
- 6 Anne Arnold** - - - -
Length: 0.3 miles
Difficulty: Easy
Highlight: Mature forest
- 7 Whitten Fields** - - - -
Length: 0.5 miles
Difficulty: Easy
Highlight: Expansive fields overlook Sheepscot Valley
- 8 Mink Run** - - - -
Length: 0.3 miles
Difficulty: Easy
Highlight: Mature forest
- 9 Hidden Knoll** - - - -
Length: 1.5 miles
Difficulty: Moderate
Highlight: Knolls
- 10 Goose Ridge** - - - -
Length: 5.3 miles
Difficulty: Moderate
Highlight: Farm field views and two historic dams
- 11 Dave Rock** - - - -
Length: 1.5 miles
Difficulty: Moderate
Highlight: Beautiful creek
- 12 Hemlock Hollow** - - - -
Length: 1.4 miles
Difficulty: Easy/moderate
Highlight: Hemlock-lined ravine
- 13 Hogback Connector** - - - -
Length: 1.5 miles
Difficulty: Moderate
Highlight: Quiet, secluded forest
- 14 Hills to Sea** - - - -
Waldo County Trails Coalition
Length: 47 miles
Difficulty: Moderate
Highlight: Connects Unity to Belfast, includes Midcoast Conservancy trails



Midcoast Conservancy Preserve



50-foot contour line

