

STORY OF THE LAND

WHAT YOU MIGHT SEE



The Karl F. Berger Preserve, located in Bremen on the 864-acre Bremen Long Island, comprises 180 acres of wooded land extending the width of the island from Flying Passage to Hockomock Channel.

The preserve features a rich undeveloped forest and half a mile of beautiful shoreline, including several pebble beaches and tidal pools.

The land for the preserve was generously donated to MVL in 2007 and 2010 by Daniel and Suzanne Goldenson. The preserve is the largest remaining undeveloped plot on the island.



There is one loop trail within the Berger Preserve, the Cross Island Trail. The two mile (round trip) trail showcases why this preserve is so special. The trail passes rocky ledges and mossy forest streams, through pristine red spruce/white pine forest, to the beaches, tidepools and eel grass beds of the eastern shore.

Eel grass beds are a sign of a healthy marine ecosystem and play an important role in cycling nutrients, oxygenating the water, and acting as a food base for waterfowl, juvenile fish and invertebrates, supporting larger species of birds and mammals, including eagles and harbor seals.

The Berger Preserve is easily accessible at any tide by canoe or kayak. An orange triangular reflector designates the trailhead, and can be seen from the water. The trip from the Bremen town landing to the preserve is approximately 3/4 mile.

Spruce-fir broom moss forest covers nearly all of the preserve's uplands, except for the rocky shore and beach strand. Red spruce and white-pine are found in most areas, while red maple, white birch and red oak/conifer mixes tend to be soil type dependent. Deer live on the island year round. The marine habitats surrounding the preserve include a bordering rocky shore, beaches and the eel grass beds and mussel bars of Hockomock Channel.

DURING YOUR VISIT

- Carry out what you carry in
- Keep dogs under control
- Please clean up after your pets
- Wear blaze orange during hunting season
- Hunting by permission
- No camping or fires
- Be aware of tides and currents
- No ATVs or bicycles



HOW TO GET THERE

From Waldoboro:

Take Rt. 32 South for about 7 miles. Turn left on Medomak Road, then in about 1 mile take Town Landing Road to the end. Parking is available at the Bremen town landing.

The preserve is accessible only by water, and can best be accessed on the west side.

GET INVOLVED

Support from members and volunteers makes this preserve possible.

Join Today

Keep Midcoast Maine a beautiful place for all Special events for Members

Free professional advice on controlling erosion on your property.

Member discounts on courses, workshops, events, cabins, and campsites

Biannual newsletter & bimonthly e-news

Volunteer

You can help maintain trails and buildings, staff recreational events, lead guided walks, and more. You too can make a difference in your community!

Midcoast Conservancy
207-389-5150
midcoastconservancy.org

Berger Preserve

Bremen Long Island, Maine



Photo: S Tucker



MIDCOAST
CONSERVANCY

WE ARE ALL ON THE SAME TRAIL

Karl F. Berger Preserve

Enjoy a classic Maine island hike over ledge rock and through spruce forest on Bremen Long Island located in Muscongus Bay.

Total Acres: 165

Total Trail Length: 2.5 miles



Map Key

- - - **Island Loop Trail**
Trail Length: 2 Miles
Difficulty: Moderate
Highlights: Ledge outcroppings, vistas of Flying Passage and springpoles
- - - **West Shore Trail**
Trail Length: .5 Mile
Difficulty: Easy
Highlights: Gorgeous views of Muscongus Bay and Hockomock Channel

- Midcoast Conservancy Property**
- 50-foot contour line**
- * Look for reflective triangle sign for kayak landing site
- Beware of swift currents in Flying Passage

