The Karl F. Berger Preserve, located in Bremen on the 864-acre Bremen Long Island, comprises 180 acres of wooded land extending the width of the island from Flying Passage to Hockomock Channel.

The preserve features a rich undeveloped forest and half a mile of beautiful shoreline, including several pebble beaches and tidal pools.

The land for the preserve was generously donated to MVLT in 2007 and 2010 by Daniel and Suzanne Goldenson. The preserve is the largest remaining undeveloped plot on the island.

There is one loop trail within the Berger Preserve, the Cross Island Trail. The two mile (round trip) trail showcases why this preserve is so special. The trail passes rocky ledges and mossy forest streams, through pristine red spruce/white pine forest, to the beaches, tidepools and eel grass beds of the eastern shore.

Eel grass beds are a sign of a healthy marine ecosystem and play an important role in cycling nutrients, oxygenating the water, and acting as a food base for waterfowl, juvenile fish and invertebrates, supporting larger species of birds and mammals, including eagles and harbor seals.

Spruce-fir broom moss forest covers nearly all of the preserve’s uplands, except for the rocky shore and beach strand. Red spruce and white-pine are found in most areas, while red maple, white birch and red oak/conifer mixes tend to be soil type dependent.

Deer live on the island year round. The marine habitats surrounding the preserve include a bordering rocky shore, beaches and the eel grass beds and mussel bars of Hockomock Channel.

The Berger Preserve is easily accessible at any tide by canoe or kayak. An orange triangular reflector designates the trailhead, and can be seen from the water. The trip from the Bremen town landing to the preserve is approximately ¾ mile.

How to Get There
From Waldoboro:
Take Rt. 32 South for about 7 miles. Turn left on Medomak Road, then in about 1 mile take Town Landing Road to the end. Parking is available at the Bremen town landing.
The preserve is accessible only by water, and can best be accessed on the west side.

Get Involved
Support from members and volunteers makes this preserve possible.

Join Today
Keep Midcoast Maine a beautiful place for all
Special events for Members
Free professional advice on controlling erosion on your property.
Member discounts on courses, workshops, events, cabins, and campsites
Biannual newsletter & bimonthly e-news

Volunteer
You can help maintain trails and buildings, staff recreational events, lead guided walks, and more. You too can make a difference in your community!

Midcoast Conservancy
207-389-5150
midcoastconservancy.org

During Your Visit
Carry out what you carry in
Keep dogs under control
Please clean up after your pets
Wear blaze orange during hunting season
Hunting by permission
No camping or fires
Be aware of tides and currents
No ATVs or bicycles

How are we all on the same trail?
Karl F. Berger Preserve

Enjoy a classic Maine island hike over ledge rock and through spruce forest on Bremen Long Island located in Muscongous Bay.

Total Acres: 165
Total Trail Length: 2.5 miles

**Island Loop Trail**
- **Trail Length:** 2 Miles
- **Difficulty:** Moderate
- **Highlights:** Ledge outcappings, vistas of Flying Passage and springpoles

**West Shore Trail**
- **Trail Length:** .5 Mile
- **Difficulty:** Easy
- **Highlights:** Gorgeous views of Muscongus Bay and Hockomock Channel

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Map Key

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**Midcoast Conservancy Property**

**50-foot contour line**

*Look for reflective triangle sign for kayak landing site

*Beware of swift currents in Flying Passage*